Academics

COLORADO SPRINGS

What Is Academics ?

Members may struggle after their first semester; how to support continued academic success; create programming unique to ALD

Objectives

Case #1

Problem

Not knowing what major is right for you and your interests. As well as not knowing what professors and classes to take that will optimize your success.

Solution

Every chapter should plan an event where students are paired with board members in the same major. Board members will tell members what classes to take, and with what professors.

Case #2

Problem

- Inefficient task prioritization
- Poor time management
- Burnout

Solution

- Start carving out more time for yourself.
- Learn how to manage your time/effective time management
- Prioritize! Don't rush into everything.

Case #3

Problem

Identifying an optimal study mechanism

Solution

- Practice metacognition to understand your learning style
- ALD-hosted workshops with upperclassmen and professors respective to various majors

WORK
SMARTER,
NOT
HARDER

THANK YOU!